

TECHNICAL SPECIFICATION

Each Capsule provides approximately: (Serving size 2 capsules)	Amount	% NRV*
Vitamin C (L-Ascorbic acid)	500mg	-
*: EC Nutrient Reference Value *: EC NRV Not Yet Established		

Recommended Daily Intake:

- For Adults & Children over 12 years of age. Do not exceed the recommended dosage unless prescribed by a qualified person.
- 1 or 2 capsules daily with morning breakfast. Adults can increase up to 4 caps a day for nutritional benefits, or even more if prescribed by a qualified person.
- A dose of 500-1500mg, two to three times a day with meals.

Product Code	VM12 Product Name: Vitamin C 1000mg
Pack Size	60s Capsules packed in a HDPE white labelled bottle, printed with all relevant information.
Appearance (shape/colour)	An oblong shaped white capsule
Size	00 Shape Oblong Average Weight 650mg
Ingredients	Vitamin C (L-Ascorbic acid), Capsule Veg. HPMC Shell
Suitability	Vegan Yes Vegetarian Yes
Quality Requirements	All the ingredients meet the requirements of USP/NF, BP, EP, BHP pharmacopoeia or supplier specifications
Expiration Period	Three years from date of manufacture
Storage	Store in a cool dry place, out of direct sunlight & moisture. Keep out of sight and reach of children.
Caution	Do not use if you are Allergic to L-Ascorbic acid.
Disclaimer	Use product according to directions stated on the pack. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Please check with your primary healthcare physician before taking this supplement if you suffer from a medical condition, are on prescribed medication, are pregnant or breastfeeding or suffer from food allergies. Food supplements are not intended to treat or prevent any disease. Does not use after the expiry date.

Condition:	New: A brand-new, unused, unopened and undamaged item.	Gender:	Unisex
Expiry Date:	April 2023	Modified Item:	No
Features:	Dairy Free	Country/Region of Manufacture:	United Kingdom
Active Ingredients:	Vitamin C (Ascorbic Acid)	Product:	Vitamin C
MPN:	Does Not Apply	Custom Bundle:	No
Type of Diet:	Vegan	Main Purpose:	Immune Support
Formulation:	Capsule	Age Group:	Adult & Children over 12 years of age.
Ingredients:	Vitamin C (Ascorbic Acid)	Type:	Vitamin C
Brand:	EDI BERYL LTD LONDON	EAN:	5060707410040